

Want more exercise but find the gym too boring?  
Try some medieval combat instead!

# AMTGARD

## Medieval / Fantasy Foam Weapon Fighting



Free to join!

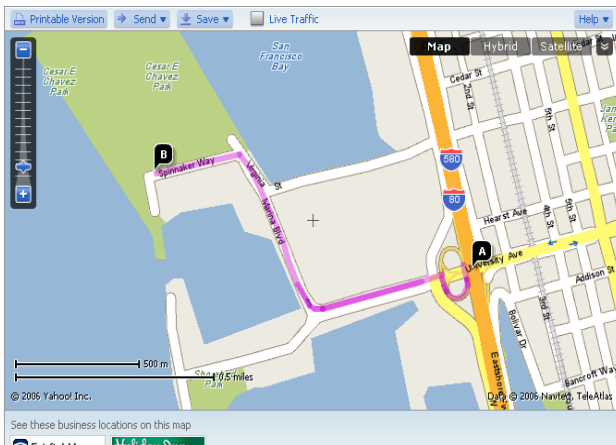
Foam replicas of ancient weapons

Armor not required –  
though you're welcome to  
make your own!

From single duels, to large battlegames, to  
weekend campouts and large wars, we enjoy  
the fun of swordplay, the excitement of archery,  
mixed with fantasy roleplay and invading dragons!

For teenagers to adults who think they're teenagers!

In Berkeley, we meet Sunday at noon at Cesar Chavez Park:



More info:  
California group's website: [caamtgard.com](http://caamtgard.com)  
National group's website: [amtgardinc.com](http://amtgardinc.com)  
Amtgard Wiki: [amtwiki.org](http://amtwiki.org)

**Amtgard – foam swordplay**  
[caamtgard.com](http://caamtgard.com)  
[azus\\_ws@yahoo.com](mailto:azus_ws@yahoo.com)  
510-867-6764  
Codornices Park, Berkeley  
Sundays  
Games start at noon

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